

WEEK 1

WEEK COMMENCING

15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Cheesy tomato pasta
Gluten Mustard Soya Milk
garlic bread
Gluten Soya Milk
& vegetable sticks

Nottinghamshire sausage
& gravy **Gluten Sulphur dioxide**
Yorkshire pudding **Milk Egg Gluten**
mashed potato
carrots & broccoli

Hunters Chicken
Milk Celery Gluten Soya
potato balls
broccoli & baton
carrots

Roast gammon &
pineapple
roast potatoes
carrots batons
& broccoli

MSC fish finger wrap
Gluten Fish
chips
garden peas or
baked beans

AVAILABLE DAILY: Jacket potato with the filling of the day, filled with cheese **Milk ham** or tuna mayonnaise **Egg Fish**

OPTION 2

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
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OR
cheese
Gluten Sesame Milk

Filled baguette with
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cheese
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Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

PUDDING

Strawberry mousse
Milk

Marble sponge **Gluten Egg**
with custard **Milk**

Crispy lemon tart **Egg Gluten**
with custard **Milk**

Ice cream tub **Milk**

Butterscotch tart
Gluten Milk



Nottinghamshire
County Council

WEEK 2

WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Margherita pizza
Gluten Soya Milk
herby diced potatoes
sweetcorn
coleslaw **Egg**

Nottinghamshire
sausage hot dog
Gluten sesame sulphur dioxide
potato balls
broccoli & baton

Pasta Neapolitan
Gluten Soya Milk Mustard
garlic bread **Gluten Soya Milk**
crunchy vegetables

Roast pork, stuffing, gravy
Gluten
mashed potatoes
Yorkshire pudding **Milk Egg Gluten**
fresh cabbage & carrots

MSC Young's fish fingers
Gluten Fish
oven chips
garden peas or
baked beans

AVAILABLE DAILY: Jacket potato filled with cheese **Milk ham** or tuna mayonnaise **Egg Fish**

OPTION 2

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

PUDDING

Chocolate & orange muffin
Gluten Egg

Shortbread cookie
Gluten

Honey cake **Milk Egg Gluten**
& custard **Milk**

Jelly &
shortbread finger **Gluten**

Apple Flapjack
Gluten

WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July
12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Quorn dippers wrap **Gluten**
baby roast potatoes
carrot sticks
fresh coleslaw **Egg**

Spaghetti Bolognese
Mustard Soya Gluten Fish
crusty bread
Gluten Sesame
sweetcorn

Pork burger in a bun
Soya Milk, Egg, Gluten
Sesame Sulphur dioxide
jacket wedges
vegetable sticks

Roast chicken,
stuffing **Gluten & Gravy**
mashed potatoes
Yorkshire pudding **Milk Egg Gluten**
fresh broccoli & carrots

MSC battered fish
Gluten Fish
oven chips
garden peas or
baked beans

AVAILABLE DAILY: Jacket potato filled with cheese **Milk** ham or tuna mayonnaise **Egg Fish**

OPTION 2

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

Filled baguette with
ham
Gluten Sesame
OR
cheese
Gluten Sesame Milk

PUDDING

Noah's Apple sponge **Egg Gluten**
& custard **Milk**
Recipe from a pupil at
Mapperley Plains primary school

Chocolate brownie
Gluten

Frozen yoghurt
Milk

Strawberry shortcake
Milk Gluten

Chocolate crisp
Gluten



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