

## 15 April, 6 May, 27 May, 17 June, 8 July, 29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.





|         | MONDAY   | TUESDAY   | (WEDNESDAY)  | THURSDAY  | FRIDAY                                      |
|---------|--|---|--|---|---|
| MAIN    | Cheesy tomato pasta<br>Gluten Mustard Soya Milk        | Nottinghamshire<br>sausage & gravy<br>Gluten Sulphur Dioxide                | Chicken & coconut curry<br>Milk                      | Roast Gammon<br>& Pineapple                     | MSC fish finger wrap<br>Gluten Fish         |
| SIDES   | Garlic bread<br>Gluten Soya Milk<br>& vegetable sticks | Yorkshire pudding<br>Milk Egg Gluten<br>Mashed potato<br>carrots & broccoli | Tilda mixed rice<br>carrot & cucumber sticks         | Roast potatoes,<br>carrots batons<br>& broccoli | Oven chips<br>garden peas<br>or baked beans |
| PUDDING | Strawberry mousse<br>Milk                              | Marble Sponge<br>Gluten Egg<br>with custard Milk                            | Crispy lemon tart<br>with custard<br>Gluten Egg Milk | lce-cream tub<br>Milk                           | Butterscotch tart<br>Gluten Milk            |
|         |  |   |  |   |   |



Nottinghamshire County Council



22 April, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

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**AVAILABLE DAILY**: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request



|         | MONDAY   | TUESDAY                                     | WEDNESDAY  | THURSDAY   | FRIDAY                                       |
|---------|--|---|--|--|--|
| MAIN    | Margherita pizza<br>Gluten Soya Milk                           | Hunters chicken<br>Milk Soya Celery Gluten  | Pasta Neapolitan<br>Gluten Soya Milk Mustard             | Nottinghamshire<br>sausage & gravy<br>Gluten Sulphur Dioxide                       | MSC Youngs fish fingers<br>Gluten Fish       |
| SIDES   | Herby diced potatoes<br>sweetcorn<br>& coleslaw <sub>Egg</sub> | Potato balls<br>broccoli<br>& baton carrots | Garlic bread<br>Gluten Soya Milk<br>& crunchy vegetables | Mashed potatoes<br>Yorkshire pudding<br>Milk Egg Gluten<br>fresh cabbage & carrots | Oven chips,<br>garden peas<br>or baked beans |
| PUDDING | Chocolate &<br>orange muffin<br>Gluten Egg                     | Shortbread cookie<br>Gluten                 | Honey cake<br>Milk Egg Gluten<br>& custard Milk          | Jelly &<br>shortbread finger<br>Gluten   | Apple flapjack<br>Gluten                     |
|         |  |   |  |  |  |

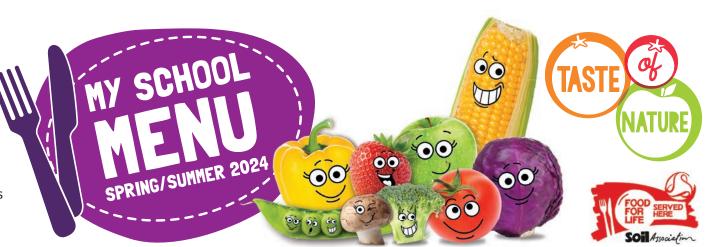




29 April, 20 May, 10 June, 1 July, 22 July 12 Aug, 2 Sept, 23 Sept, 14 Oct

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|         | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |  |
|---------|---|---|--|---|--|--|
| MAIN    | Quorn dippers wrap<br>Gluten                                    | Spaghetti Bolognese<br>Soya Fish Gluten Mustard | Pork burger in a bun<br>Soya Milk, Egg, Gluten Sesame<br>Sulphur dioxide | Roast chicken,<br>stuffing <mark>Gluten</mark><br>& gravy                           | MSC battered fish<br>Fish Gluten                             |  |
| SIDES   | Baby roast<br>potatoes<br>carrot sticks<br>& fresh coleslaw Egg | Crusty bread<br>Gluten Sesame<br>& sweetcorn    | Jacket wedges<br>& vegetable sticks                                      | Mashed potatoes<br>Yorkshire pudding<br>Milk Egg Gluten<br>fresh broccoli & carrots | Oven chips<br>garden peas<br>or baked beans                  |  |
| PUDDING | Crackers & cheese<br>Gluten Milk                                | Chocolate brownie<br>Gluten                     | Frozen yoghurt<br>Milk   | Strawberry shortcake<br>Milk Gluten   | Chocolate crispy Gluten<br>with strawberry<br>milkshake Milk |  |
|         |   |   |  |   |  |  |

