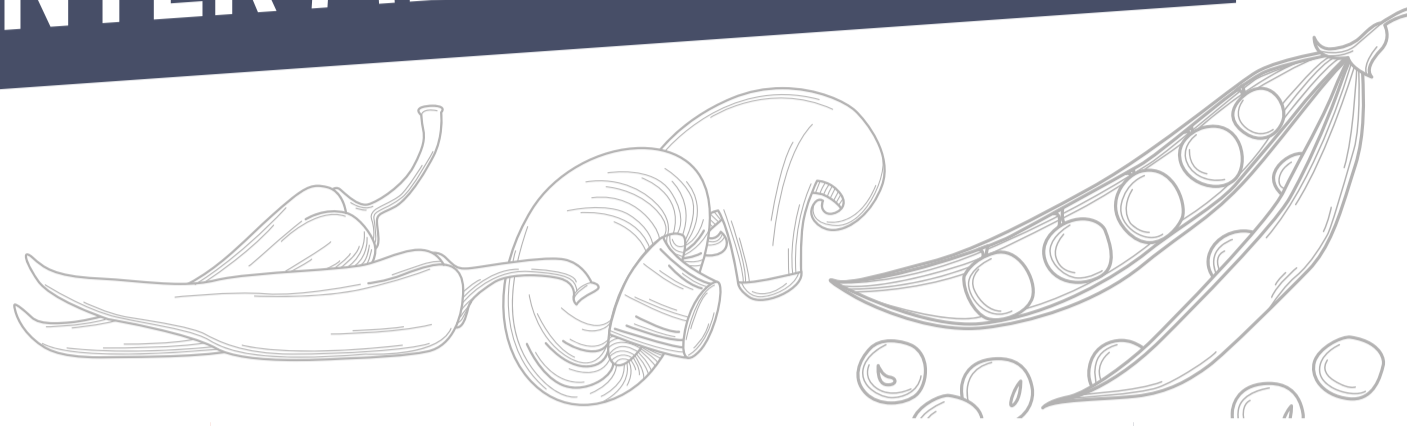


CHEF'S DAILY SPECIALS

AUTUMN-WINTER MENU 2024

WEEK 1



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>MACARONI CHEESE MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice & salad GLUTEN MILK SOYA</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p>SWEET & STICKY QUORN NOODLES SOYA EGG GLUTEN SESAME</p> <p><i>Served with:</i> prawn crackers <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>KATSU CHICKEN CURRY SOYA GLUTEN</p> <p><i>Served with:</i> rice & naan <small>GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>QUORN FAJITAS EGG GLUTEN</p> <p><i>Served with:</i> savoury rice & salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>ROAST OF THE DAY</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables & yorkshire pudding <small>MILK EGG GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>VEGAN ROAST OF THE DAY <small>MILK EGG</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables & yorkshire pudding <small>MILK EGG GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>BEEF LASAGNE MILK GLUTEN FISH SOYA MUSTARD EGG</p> <p><i>Served with:</i> garlic slice & mixed salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>PESTO PASTA SOYA MILK GLUTEN MUSTARD</p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p>  <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>VEGETARIAN ROLL SOYA MILK GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 

For information about food allergens please ask the Chef Manager

CHEF'S DAILY SPECIALS

SPRING-SUMMER MENU 2024

WEEK 2



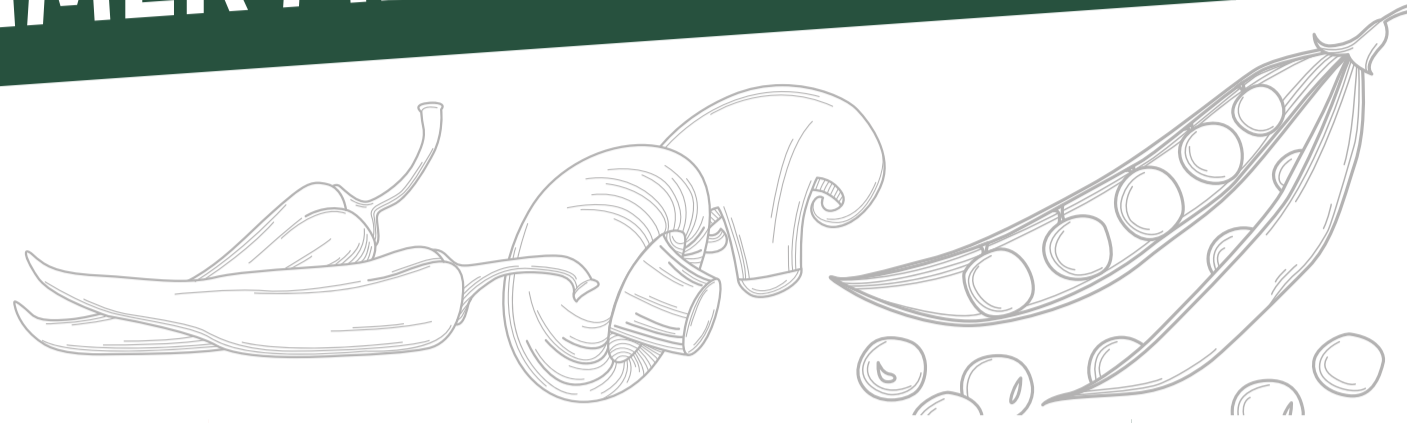
	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>SPANISH CHICKEN PAELLA</p> <p><i>Served with:</i> garlic slice <small>GLUTEN MILK SOYA</small> & salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>QUORN & COCONUT CURRY</p> <p><small>MILK EGG</small></p> <p><i>Served with:</i> rice & naan <small>GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>JERK CHICKEN POKE BOWL</p> <p><small>MUSTARD SESAME SULPHAR DIOXIDE</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>PESTO PASTA</p> <p><small>SOYA MILK GLUTEN MUSTARD</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>ROAST OF THE DAY</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables & yorkshire pudding <small>MILK EGG GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>VEGAN ROAST OF THE DAY</p> <p><small>MILK EGG</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables & yorkshire pudding <small>MILK EGG GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>BEEF BURGER IN A BUN</p> <p><small>GLUTEN SESAME EGG SULPHUR DIOXIDE MILK</small></p> <p><i>Served with:</i> wedges & coleslaw <small>EGG</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p> 	<p>CHEESY TOMATO PASTA</p> <p><small>MILK GLUTEN MUSTARD SOYA</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH</p> <p><small>FISH GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>MARGHERITA PIZZA <small>SOYA MILK GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 

For information about food allergens please ask the Chef Manager

CHEF'S DAILY SPECIALS

SPRING-SUMMER MENU 2024

WEEK 3



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>BOLOGNESE PASTA GLUTEN MILK FISH SOYA MUSTARD</p> <p><i>Served with:</i> garlic slice GLUTEN MILK SOYA & salad</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>QUORN FAJITAS EGG GLUTEN</p> <p><i>Served with:</i> savoury rice & salad</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>LOVE JOE'S choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>CHICKEN FAJITAS GLUTEN</p> <p><i>Served with:</i> potato wedges & sweetcorn salsa SESAME</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>ROASTED VEGETABLE PASTA MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice & salad GLUTEN MILK SOYA</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>SAUSAGES GLUTEN SULPHUR DIOXIDE</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake GLUTEN or pudding & custard MILK (see separate list for pudding allergens)</p> 	<p>PLANT BASE SAUSAGE SOYA SULPHUR DIOXIDE</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake GLUTEN or pudding & custard MILK (see separate list for pudding allergens)</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>LOVE JOE'S choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>HUNTERS CHICKEN MILK</p> <p><i>Served with:</i> potato balls, broccoli & carrots</p> <p><i>Dessert:</i> any home bake GLUTEN or pudding & custard MILK (see separate list for pudding allergens)</p>	<p>VEGGIE LOADED WEDGES MILK</p> <p><i>Dessert:</i> any home bake GLUTEN or pudding & custard MILK (see separate list for pudding allergens)</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>FRENCH BREAD PIZZA MILK GLUTEN SESAME</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINI'S with filling of the day</p> <p>LOVE JOE'S choice of the day</p> <p>SANDWICHES assorted fillings</p> 

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