WEEK 1

WEEK COMMENCING

4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan, 17 Feb, 10 March 31 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request

MY SCHOOL MENU
AUTUMN/WINTER 2024–25

TASTE of NATURE

FOOD FOR LIFE SERVED HERE — Soil Association

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Quorn dippers Gluten, diced potatoes, sweetcorn & sliced carrots	Chicken & coconut curry Milk, mixed rice & naan bread Gluten	French bread pizza, Milk Gluten Sesame potato balls, carrot & cucumber sticks	Roast Beef **OR** Roast Quorn Milk Egg Yorkshire pudding Milk Egg Gluten, baby roast potatoes, green cabbage, sliced carrots & gravy	MSC fish portion, Fish Gluten oven chips, mushy peas & sweetcorn
OPTION 2	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad
PUDDING	Icky sticky sponge Milk Egg Gluten & cream Milk	Chocolate brownie Gluten	Vanilla sponge Gluten Egg & custard Milk	Iced sprinkle cookie Gluten	Mousse Milk

Nottinghamshire County Council

WEEK 2

WEEK COMMENCING

11 Nov, 2 Dec, 23 Dec, 13 Jan, 3 Feb, 24 Feb, 17 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request

MY SCHOOL MENU AUTUMN/WINTER 2024–25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Vegetarian roll, Gluten Soya Milk roast potatoes, broccoli, carrots & gravy	Cottage pie, mashed potatoes, Yorkshire pudding, Milk Egg Gluten sweetcorn & green beans	Tomato & basil pasta Mustard Soya Gluten Garlic bread Soya Milk Gluten & vegetable sticks	Nottinghamshire sausage Gluten Sulphur dioxide **OR** plant-based sausage Soya Sulphur dioxide mashed potatoes, carrots, cabbage & gravy	Msc cod dog Fish Gluten Sesame with tomato ketchup, oven chips, baked beans or minted garden peas
OPTION 2	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad
PUDDING	Chocolate sponge Gluten Egg & custard Milk	Vanilla cookie Gluten	Cornflake tart Gluten Sulphur dioxide & custard Milk	Lemon drizzle muffin Egg Gluten Sulphur Dioxide	Pancake Gluten frozen yoghurt Milk & raspberry coulis

Nottinghamshire County Council

WEEK 3

WEEK COMMENCING

18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb, 3 March, 24 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request

MY SCHOOL MENU AUTUMN/WINTER 2024–25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza Soya Milk Gluten diced potatoes & crunchy vegetables	All day brunch Nottinghamshire sausage, Gluten Sulphur dioxide omelette Egg Milk, baked beans, hash brown, roast tomato & tomato ketchup	Cheesy tomato pasta shells Gluten Mustard Soya Milk garlic bread, Soya Milk Gluten & sweetcorn	Roast Gammon **OR** Roast Quorn Milk Egg mashed & roast potatoes, green cabbage, sliced carrots & gravy	Fish fingers Gluten Fish, Tomato ketchup, diced potatoes, sweetcorn & minted garden peas
OPTION 2	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad	Jacket potato, cheese Milk, baked beans & mixed salad
PUDDING	Raspberry swirl sponge Egg Gluten & custard Milk	Cherry flapjack Gluten	Chocolate ice cream roll Soya Milk Egg Gluten & chocolate sauce Milk	Jelly & shortbread Gluten	Butterscotch tart Milk Gluten

Nottinghamshire County Council