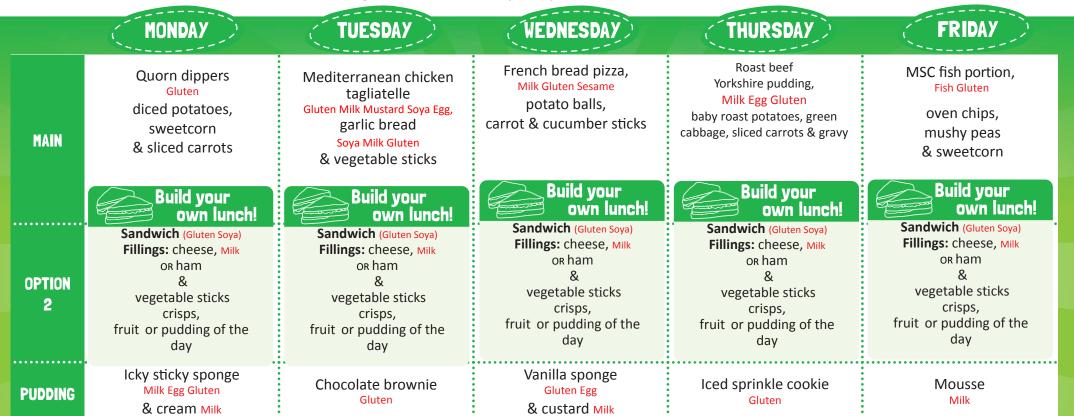


## 4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan, 17 Feb, 10 March 31 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

**AVAILABLE DAILY:** Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request



AUTUMN/WINTER 2024-25

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11 Nov, 2 Dec, 23 Dec, 13 Jan, 3 Feb, 24 Feb, 17 March

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raspberry coulis



& custard Milk



18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb, 3 March, 24 March

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**AVAILABLE DAILY**: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request



|             | MONDAY   | TUESDAY  | WEDNESDAY )  | THURSDAY   | FRIDAY   |
|-------------|--|--|--|--|--|
| MAIN        | Margherita pizza,<br>Soya Milk Gluten<br>diced potatoes<br>& crunchy vegetables  | All day brunch<br>Nottinghamshire sausage,<br>Gluten Sulphur dioxide<br>omelette Egg Milk,<br>baked beans,<br>hash brown, roast tomato &<br>tomato ketchup | Pasta shell Bolognese,<br>Gluten Mustard Soya Fish<br>garlic bread<br>Soya Milk Gluten<br>& sweetcorn                            | Roast gammon<br>mashed & roast potatoes,<br>green cabbage,<br>sliced carrots<br>& gravy  | Fish fingers Gluten Fish,<br>tomato ketchup,<br>diced potatoes,<br>sweetcorn<br>& minted Garden peas                             |
|             | Build your<br>own lunch!   | Build your<br>own lunch!   | Build your<br>own lunch!   | Build your<br>own lunch!   | Build your<br>own lunch!   |
| OPTION<br>2 | Sandwich (Gluten Soya)<br>Fillings: cheese, Milk<br>or ham<br>&<br>vegetable sticks<br>crisps,<br>fruit or pudding of the<br>day | Sandwich (Gluten Soya)<br>Fillings: cheese, Milk<br>or ham<br>&<br>vegetable sticks<br>crisps,<br>fruit or pudding of the<br>day                           | Sandwich (Gluten Soya)<br>Fillings: cheese, Milk<br>oR ham<br>&<br>vegetable sticks<br>crisps,<br>fruit or pudding of the<br>day | Sandwich (Gluten Soya)<br>Fillings: cheese, Milk<br>oR ham<br>&<br>vegetable sticks<br>crisps,<br>fruit or pudding of the<br>day | Sandwich (Gluten Soya)<br>Fillings: cheese, Milk<br>OR ham<br>&<br>vegetable sticks<br>crisps,<br>fruit or pudding of the<br>day |
| PUDDING     | Raspberry swirl sponge<br>Egg Gluten<br>& custard Milk   | Cherry flapjack<br>Gluten  | Chocolate ice cream roll<br>Soya Milk Egg Gluten<br>& chocolate sauce Milk   | Jelly & shortbread<br>Gluten   | Butterscotch tart<br>Milk Gluten   |

