



The C Card Scheme Nottinghamshire

Training Programme

2025 - 2026



Welcome to the C Card Scheme Nottinghamshire's Training Programme for 2025-26

Reducing teenage pregnancy and sexually transmitted infections amongst young people in Nottinghamshire remains a key priority.

The C Card Scheme is a free sexual health advice and condom service for young people aged 13-25. It allows young people to gain access to condoms, lubricants and get advice on sex, STI's, relationships and more.

Our C Card Training Programme enables professionals who work with young people aged 13-25 across Nottinghamshire, to become a C Card Worker and a C Card Site. In turn, this will allow young people to access free confidential sexual health advice and condoms from a range of settings in Nottinghamshire.

In addition to the selection of training courses listed in the following programme, the C Card Team is also able to offer the same courses on an '**in house**' basis, if required. This training can be delivered at a time and venue convenient to each organisation.

For further information on 'in house' training or on any of the courses listed here, please don't hesitate to contact Jenny Harrison, jenny.harrison@nottscc.gov.uk from the C Card Scheme to discuss.

About Booking Places on our Online Courses

Booking onto these events is essential. You can book a place using the online application forms. A list of all the dates is available [here](#)

When you book on a course you will be sent a confirmation. Then, one week before the course date you will be sent a reminder email with all details, including an E-Learning course to complete prior to attending. A Microsoft Teams link will be forwarded a few days before the training if you have registered for an online course.



Courses are FREE of charge to ALL those who work with young people in Nottinghamshire County.

C Card Registration Point Training:

This is a 4 hour online training course for those who already do face-to-face work with young people and wish to be trained to register young people onto the C-Card scheme.

Aim

- To enable participants to obtain information about the C-Card Scheme, its background and the procedures involved. The course provides role clarification and some sexual health information to enable participants to successfully implement the C-Card scheme in their location.

Intended for:

- Those who already do face-to-face work with young people and wish to register young people onto the C-Card scheme and become a C Card Site.

Objectives

- To have the confidence and skill to successfully register young people onto the C-Card scheme.
- Raise awareness of some of the complex issues that young people may have with regards to their sexual health and relationships.
- Increase knowledge of sexual health services and be able to signpost young people to them.
- Provide relevant resources to implement the C Card Scheme successfully within your provision.

Venue	Date
Online	Wednesday 23 rd April 2025
Online	Tuesday 20 th May 2025
Online	Wednesday 18 th June 2025
Online	Tuesday 22 nd July 2025
Online	Tuesday 23 rd September
Online	Tuesday 14 th October 2025
Online	Wednesday 19 th November 2025
Online	Tuesday 16 th December 2025
Online	Wednesday 21 st January 2026
Online	Tuesday 24 th February 2026
Online	Wednesday 18 th March 2026
Time:	9.30 am to 1.30 pm
Course Provider:	Jenny Harrison, C Card Technical Specialist

If you would like to attend one of the above courses;

[CLICK HERE TO BOOK](#)

C Card Refresher Training:

This is a 2 hour online training course for those who have already completed the C-Card Registration Point training, within the past three years.

Aim

- To enable participants to obtain up to date information about the C-Card Scheme, the procedures involved, and to provide role clarification and sexual health information.

Intended for:

- Those staff who have already completed C-Card Registration Point Training. Attending this course is required every 3 years.

Objectives

- To have the confidence and skill to successfully register young people onto the C-Card scheme.
- Raised awareness of some of the complex issues that young people may have with regards to their sexual health.
- Increased knowledge and awareness of sexual health services and be able to signpost young people to them.

Venue	Date
Online	Tuesday 24 th June 2025
Online	Thursday 25 th September 2025
Online	Wednesday 10 th December 2026
Online	Wednesday 25 th March 2026
Time:	10.00 am to 12.00 pm
Course Provider	Jenny Harrison, C Card Technical Specialist

If you would like to attend one of the above courses;

[CLICK HERE TO BOOK](#)

For further information, or if you have any questions about the training. Please contact;

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Tel: 0115 804 1180

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