

# AUTUMN/WINTER 2024 WEEK 1

## WEEK COMMENCING

4 Nov, 25 Nov, 16 Dec, 6 Jan,  
27 Jan, 17 Feb, 10 March  
31 March

### AVAILABLE DAILY:

Best of both bread **Gluten, Soya** fresh fruit.  
Vegetarian meals available upon request



## MONDAY



Quorn dippers  
**Gluten**  
diced potatoes,  
sweetcorn  
& sliced carrots

## TUESDAY



Chicken tagliatelle  
**Gluten Milk Mustard Soya**  
**Egg**  
garlic bread,  
**Gluten Milk Soya**  
carrot & cucumber  
sticks

## WEDNESDAY



French bread pizza,  
**Milk Gluten Sesame**  
potato balls,  
carrot & cucumber  
sticks

## THURSDAY



Roast beef  
**OR** Roast Quorn  
**Milk Egg,**  
Yorkshire pudding,  
**Milk Egg Gluten**  
baby roast potatoes,  
green cabbage,  
sliced carrots & gravy

## FRIDAY



MSC fish portion,  
**Fish Gluten**  
oven chips,  
mushy peas  
& sweetcorn

**OR**



Vegetable chilli  
with cheese **Milk,**  
mixed rice  
& nacho's

**OR**



Jacket potato,  
cheese **Milk,**  
baked beans  
**OR** beef & BBQ bean  
chilli & mixed salad

**OR**



Roasted vegetable  
pasta,  
**Mustard Soya Gluten**  
garlic bread,  
**Soya Milk Gluten**  
carrot & cucumber  
sticks

**OR**



Jacket potato,  
cheese **Milk,**  
baked beans  
& mixed salad

**OR**



Cheese & bean  
parcel, **Milk Gluten**  
oven chips,  
minted garden peas  
& sweetcorn



Carrot cake  
**Gluten Egg Sulphur Dioxide**



Chocolate brownie  
**Gluten**



Vanilla sponge  
**Gluten Egg**  
& custard **Milk**



Iced sprinkle cookie  
**Gluten**



Mousse  
**Milk**



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# AUTUMN/WINTER 2024 WEEK 2

## WEEK COMMENCING

11 Nov, 2 Dec, 23 Dec, 13 Jan,  
3 Feb, 24 Feb, 17 March

### AVAILABLE DAILY:

Best of both bread **Gluten, Soya** fresh fruit.  
Vegetarian meals available upon request



### MONDAY



Vegetarian roll,  
**Gluten Soya Milk**  
roast potatoes,  
broccoli, carrots  
& gravy

### TUESDAY



Cottage pie,  
Yorkshire pudding,  
**Milk Egg Gluten**  
sweetcorn  
& green beans

### WEDNESDAY



Chinese chicken  
& vegetables  
**Soya Gluten**  
mixed rice

### THURSDAY



Nottinghamshire  
sausage  
**Gluten Sulphur dioxide**  
**OR**  
Plant-based sausage  
**Soya Sulphur dioxide**  
mashed potatoes,  
carrots, cabbage  
& gravy

### FRIDAY



MSC cod dog,  
**Fish Gluten Sesame**  
with tomato ketchup,  
oven chips,  
baked beans,  
or minted garden  
peas

**OR**



Macaroni cheese,  
**Milk Gluten Mustard Soya**  
& garlic bread  
**Soya Milk Gluten**

**OR**



Jacket potato,  
cheese **Milk**,  
baked beans  
& crunchy vegetable  
sticks

**OR**



Tomato & basil pasta,  
**Mustard Soya Gluten**  
garlic bread  
**Soya Milk Gluten**  
& mixed salad

**OR**



Vegetable curry,  
**Celery**  
mixed rice  
& naan bread  
**Gluten**

**OR**



Fishless fingers **Gluten**  
in a hot dog roll,  
**Gluten sesame**  
tomato ketchup,  
oven chips,  
baked beans or  
minted garden peas



Chocolate sponge  
**Gluten Egg**  
& custard **Milk**



Vanilla cookie  
**Gluten**



Cornflake tart  
**Gluten Sulphur dioxide**  
& custard **Milk**



Lemon drizzle muffin  
**Egg Gluten Sulphur Dioxide**



Pancake **Gluten**  
frozen yoghurt **Milk**  
& raspberry coulis



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# AUTUMN/WINTER 2024 WEEK 3

## WEEK COMMENCING

18 Nov, 9 Dec, 30 Dec, 20 Jan,  
10 Feb, 3 March, 24 March

### AVAILABLE DAILY:

Best of both bread **Gluten, Soya** fresh fruit.  
Vegetarian meals available upon request



## MONDAY



Margherita pizza,  
**Soya Milk Gluten**  
diced potatoes  
& crunchy vegetables

OR



Meatfree ball  
& cheese sub roll,  
**Gluten Soya Egg Milk Sesame**  
diced potatoes  
& crunchy vegetables



Raspberry swirl  
sponge **Egg Gluten**  
& custard **Milk**

## TUESDAY



Nottinghamshire  
sausage,  
**Gluten Sulphur dioxide**  
& mashed potato,  
Yorkshire pudding  
**Gluten Egg Milk**  
sweetcorn & green  
beans & gravy

OR



Jacket potato,  
cheese **Milk**,  
baked beans  
& mixed salad



Cherry flapjack  
**Gluten**

## WEDNESDAY



Pasta shell  
Bolognese,  
**Gluten Mustard Soya Fish**  
garlic bread  
**Soya Milk Gluten**  
& sweetcorn

OR



Cheesy tomato pasta  
shells,  
**Milk Gluten Mustard Soya**  
garlic bread  
**Soya Milk Gluten**  
& sweetcorn



Chocolate ice cream  
roll **Soya Milk Egg Gluten**  
& chocolate sauce **Milk**

## THURSDAY



Roast gammon  
**OR** Roast Quorn  
**Milk Egg**  
mashed & roast  
potatoes,  
green cabbage,  
sliced carrots & gravy

OR



Jacket potato,  
cheese **Milk**,  
baked beans  
& mixed salad



Jelly & shortbread  
**Gluten**

## FRIDAY



Fish fingers  
**Gluten Fish**  
tomato ketchup,  
diced potatoes,  
sweetcorn &  
minted garden peas

OR



Tuna pasta bake,  
**Mustard Soya Milk Fish**  
**Gluten**  
crusty bread,  
**Gluten Sesame**  
sweetcorn &  
minted Garden peas



Butterscotch tart  
**Milk Gluten**



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