

WEEK 1

WEEK COMMENCING

4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan,
17 Feb, 10 March 31 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Quorn dippers
Gluten
diced potatoes,
sweetcorn
& sliced carrots

Chicken & coconut curry,
Milk
mixed rice
& naan bread **Gluten**

French bread pizza,
Milk Gluten Sesame
potato balls,
carrot & cucumber sticks

Roast pork
OR
Roast Quorn **Milk Egg,**
Yorkshire pudding,
Milk Egg Gluten
baby roast potatoes,
green cabbage,
sliced carrots & gravy

MSC fish portion,
Fish Gluten
oven chips,
mushy peas
& sweetcorn

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk,** baked beans
& vegetable sticks

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with the filling of the day,
cheese **Milk,** baked beans
& vegetable sticks

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cheese **Milk,** baked beans
& vegetable sticks

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cheese **Milk,** baked beans
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk,** baked beans
& vegetable sticks

PUDDING

Shortbread cookie
Gluten
& cream **Milk**

Chocolate brownie
Gluten

Vanilla sponge
Gluten Egg
& custard **Milk**

Iced sprinkle cookie
Gluten

Ice cream tub
Milk



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WEEK 2

WEEK COMMENCING

11 Nov, 2 Dec, 23 Dec, 13 Jan,
3 Feb, 24 Feb, 17 March

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AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Vegetarian roll,
Gluten Soya Milk
roast potatoes,
broccoli, carrots
& gravy

Pork burger,
Soya Milk Egg Gluten
Sesame Sulphur dioxide,
jacket wedges &
vegetable sticks

Hunters chicken,
Milk
garlic bread **Milk Gluten Soya**
&
mixed rice

Nottinghamshire sausage
Gluten Sulphur dioxide
OR
Plant-based sausage
Soya Sulphur dioxide
mashed potatoes,
carrots, cabbage & gravy

Fish finger wrap
Fish Gluten
with tomato ketchup,
oven chips,
baked beans,
or minted garden
peas

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
& vegetable sticks

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cheese **Milk**, baked beans
& vegetable sticks

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with the filling of the day,
cheese **Milk**, baked beans
& vegetable sticks

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cheese **Milk**, baked beans
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
& vegetable sticks

PUDDING

Chocolate sponge
Gluten Egg
& custard **Milk**

Vanilla cookie **Gluten**

Cornflake tart
Gluten Sulphur dioxide
& custard **Milk**

Chocolate orange
muffin
Egg Gluten

Pancake **Gluten**
frozen yoghurt **Milk**
& raspberry coulis



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WEEK 3

WEEK COMMENCING

18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb,
3 March, 24 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Margherita pizza,
Soya Milk Gluten
diced potatoes
& crunchy vegetables

All day brunch
Nottinghamshire sausage,
Gluten Sulphur dioxide
omelette **Egg Milk**,
baked beans,
hash brown, roast tomato
& tomato ketchup

Pasta shell Bolognese,
Gluten Mustard Soya Fish
garlic bread
Soya Milk Gluten
& sweetcorn

Roast gammon
OR
Roast Quorn **Milk Egg**,
mashed & roast potatoes,
green cabbage,
sliced carrots
& gravy

Fish fingers **Gluten Fish**,
tomato ketchup,
diced potatoes,
sweetcorn
& minted Garden peas

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
& vegetable sticks

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with the filling of the day,
cheese **Milk**, baked beans
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
& vegetable sticks

PUDDING

Raspberry swirl sponge
Egg Gluten
& custard **Milk**

Cherry flapjack
Gluten

Raspberry ice cream
roll
Soya Milk Egg Gluten

Jelly & shortbread
Gluten

Butterscotch tart
Milk Gluten



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