

WEEK 1

WEEK COMMENCING

4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan,
17 Feb, 10 March 31 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Margherita pizza,
Soya Milk Gluten
diced potatoes
& crunchy vegetables

All day brunch
Nottinghamshire sausage,
Gluten Sulphur dioxide
omelette **Egg Milk**,
baked beans,
hash brown, roast tomato
& tomato ketchup

Pasta shell Bolognese,
Gluten Mustard Soya Fish
garlic bread
Soya Milk Gluten
& sweetcorn

Roast gammon
mashed & roast
potatoes,
cauliflower, sliced
carrots & gravy

Fish fingers **Gluten Fish**,
tomato ketchup,
diced potatoes,
sweetcorn
& garden peas

OPTION 2

Vegan roll
Gluten
diced potatoes &
crunchy
vegetables

Jacket potato
with the filling of the day,
cheese **Milk**
baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Cheesy tomato pasta
shells,
Mustard Soya Milk Gluten
garlic bread
Soya Milk Gluten
& sweetcorn

Roast Quorn
Milk Egg
mashed & roast
potatoes,
cauliflower, sliced
carrots & gravy

Jacket potato
with the filling of the day,
cheese **Milk**
baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

PUDDING

Raspberry swirl sponge
Egg Gluten
& custard **Milk**

Apple flapjack
Gluten

Chocolate brownie
Gluten

Jelly & shortbread
Gluten

Chocolate ice cream roll
Soya Milk Egg Gluten
& chocolate sauce **Milk**



Nottinghamshire
County Council

WEEK 2

WEEK COMMENCING

11 Nov, 2 Dec, 23 Dec, 13 Jan,
3 Feb, 24 Feb, 17 March

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AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Quorn dippers Gluten roast potatoes, sweetcorn, sliced carrots & tomato ketchup	Corned beef hash Fish , mashed potatoes, Yorkshire pudding, Milk Egg Gluten sliced carrots & green beans	Cheese & bean parcel, Milk Gluten oven chips, garden peas & sweetcorn	Nottinghamshire sausage Gluten Sulphur dioxide mashed potatoes, carrots, cauliflower & gravy	MSC fish portion, Fish Gluten oven chips, peas & sweetcorn
OPTION 2	French bread pizza, Milk Gluten Sesame roast potatoes, sweetcorn, sliced carrots & tomato ketchup	Jacket potato, cheese Milk , baked beans & crunchy vegetable sticks	Tomato & pasta, Mustard Soya Gluten garlic bread Soya Milk Gluten & mixed salad	Roast Quorn, Milk Egg mashed potatoes, cauliflower, sliced carrots & gravy	Jacket potato, cheese Milk , baked beans & crunchy vegetable sticks
PUDDING	Cornflake tart Gluten Sulphur dioxide & custard Milk	Honey & Oat Cookie Gluten	Jelly & shortbread Gluten	Lemon drizzle muffin Egg Gluten Sulphur Dioxide	Iced sprinkle cookie Gluten



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