

WEEK 1

WEEK COMMENCING

4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan,
17 Feb, 10 March 31 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Quorn dippers
Gluten

Chicken & coconut curry
Milk

French bread pizza
Milk Gluten Sesame

Roast Beef
Yorkshire pudding
Milk Egg Gluten

MSC fish portion
Fish Gluten

SIDES

Pomme potatoes,
sweetcorn
& baked beans

Mixed rice
& naan bread **Gluten**

Seasonal vegetables

Seasonal vegetables
& gravy

Oven chips,
peas & tomato
ketchup

PUDDING

Icky sticky sponge
Milk Egg Gluten
& cream **Milk**

Chocolate brownie
Gluten

Vanilla sponge
Gluten Egg
& custard **Milk**

Iced sprinkle cookie
Gluten

Mousse
Milk



Nottinghamshire
County Council

WEEK 2

WEEK COMMENCING

11 Nov, 2 Dec, 23 Dec, 13 Jan,
3 Feb, 24 Feb, 17 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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MAIN	Vegetarian roll Gluten Soya Milk	Corned beef hash Fish	Chinese chicken & vegetables Soya Gluten	Nottinghamshire sausage Gluten Sulphur dioxide	MSC cod dog Fish Gluten Sesame with tomato ketchup
SIDES	Pomme potatoes, broccoli & baked beans	Mashed potatoes, Yorkshire pudding, seasonal vegetables & gravy Milk Egg Gluten	Mixed rice	Mashed potatoes, seasonal vegetables & gravy	Oven chips, & peas
PUDDING	Chocolate sponge Gluten Egg & custard Milk	Vanilla cookie Gluten	Ice cream tub Milk	Lemon drizzle muffin Egg Gluten Sulphur Dioxide	Pancake Gluten & syrup



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WEEK 3

WEEK COMMENCING

18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb,
3 March, 24 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Margherita pizza
Soya Milk Gluten

All day brunch
Nottinghamshire sausage
Gluten Sulphur dioxide

Pasta shell Bolognese
Gluten Mustard Soya Fish

Roast Gammon
Yorkshire pudding
Milk Egg Gluten

Fish fingers
Gluten Fish
Tomato ketchup

SIDES

Pomme potatoes
& baked beans

Omelette Egg Milk,
baked beans, hash brown
& tomato ketchup

Garlic bread
Soya Milk Gluten
& sweetcorn

Roast potatoes,
seasonal vegetables
& gravy

Oven chips & garden
peas

PUDDING

Raspberry swirl sponge
Egg Gluten
& custard Milk

Flapjack
Gluten

Chocolate ice cream roll
Soya Milk Egg Gluten
& chocolate sauce Milk

Jelly

Cheese Milk
& crackers Gluten



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