

WEEK 1

WEEK COMMENCING

4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan,
17 Feb, 10 March 31 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ORANGE OPTION—AVAILABLE TO ALL YEARS				
				
<p>Quorn dippers wrap, potato balls, peas, ketchup Gluten, Egg</p>	<p>Hot Dogs, oven chips, sweetcorn, ketchup Gluten, Sesame, Sulphur</p>	<p>Spaghetti Bolognese, garlic bread, carrot sticks Gluten, Milk, Soya, Fish, Mustard</p>	<p>Roast Beef, Yorkshire pudding, roast potatoes, seasonal vegetables, gravy Gluten, Milk, Egg</p>	<p>MSC battered fish, oven chips, peas, ketchup Gluten, Fish</p>
GREEN OPTION — ONLY AVAILABLE TO YEARS 1 to 6				
<p>Jacket Potato have a choice of Cheese (Milk), Beans or Tuna (Fish, Egg) Sandwich (Gluten, Soya) have a choice of Ham, Tuna (Fish, Egg) or Cheese (Milk)</p>				
				
<p>Tomato pasta, garlic bread Mustard Soya Milk Gluten</p>	<p>Jacket potato Milk, Fish, Egg</p>	<p>Sandwich, crisps, frubes yogurt Gluten, Soya, Fish, Egg, Milk</p>	<p>Jacket potato Milk, Fish, Egg</p>	<p>Cheese & bean parcel, oven chips, sweetcorn, ketchup Milk, Gluten</p>
DESSERT OR FRESH FRUIT —AVAILABLE TO ALL YEARS				
				
<p>Flapjack Gluten</p>	<p>Chocolate brownie Gluten</p>	<p>Vanilla sponge & custard Gluten, Egg, Milk</p>	<p>Iced sprinkle cookie Gluten</p>	<p>Jelly</p>
<p>Although every effort is made to serve the above choices, these may be subject to change depending upon deliveries from our suppliers, if the main meal is changed you will be messaged via dojo. We will not inform you if there is a change to the dessert as there is always a second option of fruit available.</p>				
<p>All of our meals can be adapted to accommodate vegetarian, vegan, dairy free diets, please contact reception for further information.</p>				
<p>AVAILABLE DAILY FROM THE SALAD BAR: A selection of Seasonal Salad which may include Coleslaw (Egg), Lettuce, Tomato, Radish, Cucumber, Sweetcorn, Beetroot, Peppers, Carrot Sticks</p>				

WEEK 2

WEEK COMMENCING

11 Nov, 2 Dec, 23 Dec, 13 Jan,
3 Feb, 24 Feb, 17 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ORANGE OPTION—AVAILABLE TO ALL YEARS				
				
Vegetarian roll, chips, peas, gravy Gluten, Soya, Milk	Pork burger in a bun, oven chips, sweetcorn, ketchup Soya, Milk, Egg, Gluten, Sesame, Sulphur	Chinese chicken & vegetables, rice Soya	Sausages, mashed potato, Yorkshire pudding & seasonal vegetables Gluten Milk Egg Sulphur	MSC fish fingers, oven chips, garden peas, ketchup Gluten Fish
GREEN OPTION — ONLY AVAILABLE TO YEARS 1 to 6				
<p>Jacket Potato have a choice of Cheese (Milk), Beans or Tuna (Fish, Egg)</p> <p>Sandwich (Gluten, Soya) have a choice of Ham, Tuna (Fish, Egg) or Cheese (Milk)</p>				
				
Sandwich, crisps, frubes yogurt Gluten, Soya, Fish, Egg, Milk	Tomato pasta, garlic bread Mustard Soya Milk Gluten	Jacket potato Milk, Fish, Egg	Sandwich, crisps, frubes yogurt Gluten, Soya, Fish, Egg, Milk	Jacket potato Milk, Fish, Egg
DESSERT OR FRESH FRUIT —AVAILABLE TO ALL YEARS				
				
Vanilla cookie Gluten	Chocolate sponge, custard Gluten, Egg	Cornflake tart, custard Gluten, Sulphur	Lemon drizzle muffin Gluten, Sulphur, Egg	Pancake frozen yogurt, raspberry coulis Gluten, Milk, Egg
<p>Although every effort is made to serve the above choices, these may be subject to change depending upon deliveries from our suppliers, if the main meal is changed you will be messaged via dojo. We will not inform you if there is a change to the dessert as there is always a second option of fruit available.</p>				
<p>All of our meals can be adapted to accommodate vegetarian, vegan, dairy free diets, please contact reception for further information.</p>				
<p>AVAILABLE DAILY FROM THE SALAD BAR: A selection of Seasonal Salad which may include Coleslaw (Egg), Lettuce, Tomato, Radish, Cucumber, Sweetcorn, Beetroot, Peppers, Carrot Sticks</p>				

WEEK 3

WEEK COMMENCING

18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb,
3 March, 24 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ORANGE OPTION—AVAILABLE TO ALL YEARS				
				
Margherita pizza, potatoes balls, carrot sticks Gluten, Milk, Soya	All day brunch, sausage, omelette, beans, hash brown, ketchup Egg, Milk, Gluten, Sulphur	Quorn burger in a bun, oven chips, sweetcorn, ketchup Soya, Milk, Egg, Gluten, Sesame	Roast gammon, mashed, roast potatoes, gravy and seasonal vegetables	Fish fingers, oven chips, peas, ketchup Gluten, Fish
GREEN OPTION — ONLY AVAILABLE TO YEARS 1 to 6				
Jacket Potato have a choice of Cheese (Milk), Beans or Tuna (Fish, Egg) Sandwich (Gluten, Soya) have a choice of Ham, Tuna (Fish, Egg) or Cheese (Milk)				
				
Meatfree ball and cheese sub roll & potato balls Gluten, Soya, Egg, Milk, Sesame	Jacket potato Milk, Fish, Egg	Sandwich, crisps, frubes yogurt Gluten, Soya, Fish, Egg, Milk	Jacket potato Milk, Fish, Egg	Sandwich, crisps, frubes yogurt Gluten, Soya, Fish, Egg, Milk
DESSERT OR FRESH FRUIT —AVAILABLE TO ALL YEARS				
				
Raspberry sponge & custard Gluten, Milk, Egg	Cherry flapjack Gluten	Chocolate ice cream roll & chocolate sauce Soya, Egg, Milk, Gluten	Strawberry jelly & shortcake biscuit Gluten	Butterscotch tart Gluten, Milk
Although every effort is made to serve the above choices, these may be subject to change depending upon deliveries from our suppliers, if the main meal is changed you will be messaged via dojo. We will not inform you if there is a change to the dessert as there is always a second option of fruit available.				
AVAILABLE DAILY FROM THE SALAD BAR: A selection of Seasonal Salad which may include Coleslaw (Egg), Lettuce, Tomato, Radish, Cucumber, Sweetcorn, Beetroot, Peppers, Carrot Sticks				